

RCIA/Religious Education Parent Handbook
Religious Education Office 203-866-5546 Ext. 111 or 112

Dn. Stephan A. Genovese –CRE
Email: dngenovese@diobpt.org

Sue Genovese – Secretary
Email: suegenovese@stmarynorwalk.net

St. Mary's RCIA Program classes begin on Tuesday evenings in the fall. Class begins each Tuesday evening at 6:30pm in the main church. The purpose of the program is to prepare people to receive one or more of the three Sacraments of Initiation: Baptism, Communion, and Confirmation.

St. Mary's Religious Education program follows the model known as RCIA (The Rite of Christian Initiation of Adults). The Church defines an "adult" with regard to the Sacraments of Initiation as anyone who has reach the age of reason, i. e. seven years old. This essentially means that a person can understand the basic tenets of the Faith and is ready to live the Catholic way of life. The RCIA process does not have a specific time frame. In other words, after some specified time of preparation, or at a particular age or grade in school, a child automatically receives First Communion or Confirmation. Rather, as individual candidates (children or adults) reach an appropriate stage of formation they become eligible to receive the Sacraments. Experience shows that younger children often need more than one year to be prepared to receive the Sacraments, and that the more parents work with their children at home the more quickly and thoroughly they learn.

Overview of the Program

Our goal is the evangelization and catechesis of parents and children together so that they may live and practice the Faith together. An old expression says, "The family that prays together, stays together." Furthermore, the Church teaches that "**parents** are the first teachers of their children in the Faith", not priest, deacons, or catechists. **Therefore, our classes seek to educate parents first, so that they may work with their children at home helping them to learn and live the fundamental teachings of the Church. With this in mind, our program requires the following:**

- 1) Classes meet on Tuesday evenings beginning at 6:30pm. Class attendance with one parent or guardian together with their child every scheduled Tuesday is mandatory, as is weekly Saturday evening or Sunday Mass attendance (see CCC 2042, "first precept"). Remember that if one freely chooses to skip Sunday Mass, one must go to Confession before receiving Holy Communion again.
 - 2) **There are no fees. Instead, it is expected that each family be formally registered with St. Mary's and use the weekly offering envelopes to support the parish financially to the extent they are able.** (See Catechism of the Catholic Church 2042, "fifth precept").
 - 3) Punctuality is essential when attending class and Mass. Everyone's time is valuable. We start on time and finish on time together. Catholicism is, among other things, a commitment to a disciplined way of life.
 - 4) Each Saturday/Sunday students will take a church bulletin at the end of Mass and have it signed by the priest or deacon before leaving and will bring it to class on Tuesday night, the purpose is to track attendance for Mass and class.
 - 5) **All sacramental records and sponsor certificates for those determined prepared to receive their Sacraments must be submitted to the Religious Education staff by February of the school year. (necessary forms will be provided).**
 - 6) There will be periodic written assessments to ensure that parents and children are making progress. Memorization of basic prayers is expected. An oral assessment of these prayers will be given to those in the program beginning in November of the school year. Every student will be required to know all of these prayers. There will be three quizzes throughout the year and a final written exam at the end of the year. Students are expected to pass the exam with an 80% or better. The pastor will then decide whether the student has a sufficient understanding of the Faith and is prepared to receive the Sacraments worthily.
 - 7) We have found that children growing up in bi-lingual homes sometimes face more challenges 10 learning while trying to negotiate two languages. **It is important that parents work with their children at home using the language that is easiest for them (the parents).**
- Classes are taught in both English and Spanish. Videos of all the classes in both languages are available at www.stmarynorwalk.net.

Format of the Classes:

- 1) All will meet in the main church at 6:30 pm. Class attendance and Mass attendance will be checked.
- 2) The first 15-20 minutes of the evening will be a devotional exercise such as the Rosary, Divine Mercy Chaplet, Stations of the Cross, or Adoration of the Blessed Sacrament. The family that prays together stays together!
- 3) Fr. Ringley will present the topic for the evening.

We look forward to having you join us for this unique learning, praying, and practicing the Catholic Faith experience. Seek, and you shall find. Knock, and the door will be opened for you!

The Lord's Prayer

Our Father, who art in Heaven'
hallowed be thy name. Thy kingdom come,
Thy will be done, on earth as it is in Heaven.
Give us this day our daily bread and forgive us our
trespasses as we forgive those who trespass against
us, and lead us not into temptation,
but deliver us from evil. Amen

The "Hail Mary"

Hail Mary, full of grace, the Lord is with
thee. Blessed art thou among women and
Blessed is the fruit of thy womb Jesus. Holy
Mary, Mother of God, pray for us sinners now
and at the hour of our death. Amen

The "Glory Be"

Glory be to the Father, and to the Son, and to
The Holy Spirit, as it was in the beginning, is now
and ever shall be, world without end. Amen.

St. Michael

St. Michael the Archangel, defend us in battle, be
our protection against the wickedness and snares
of the devil. May God rebuke him we humbly pray;
and do thou, O Prince of the Heavenly Host, by the
power of God, cast into hell Satan and all the other
evil spirits who prowl about the world seeking the
ruin of souls. Amen.

Act of Contrition

My God I am sorry for my sins with all my heart.
In choosing to do wrong and failing to do good I
have sinned against you whom I should love above
all things. I firmly intend with your help to do
penance, to sin no more, and to avoid whatever leads
me to sin.
Our Savior Jesus Christ suffered and died for us; in His
Name my God have mercy. Amen.

Pater Noster

Pater Noster, qui es in caelis: sanctificétur nomen
tuum; advéniat regnum tuum; fiat volúntas tua,
sicut in caelo, et in terra. Panem nostrum
quotidiánum da nobis hódie; et dímítte nobis
débita nostra, sicut et nos dímittimus debitoribus
nostris; et ne nos indúcas in tentatiónem;
sed líbera nos a malo. Amen.

Ave Maria

Ave Maria, gratia plena, Dominus tecum.
Benedicta tu in mulieribus, et benedictus fructus
ventris tui Iesus.
Sancta Maria, Mater Dei, ora pro nobis
peccatoribus nunc et in hora mortis nostrae. Amen

Gloria Patri

Gloria Patri, et Filio, et Spiritui Sancto
sicut erat in principio, et nunc et semper,
et in saecula saeculorum. Amen.

Sancte Michael Archangele

Sancte Michael Archangele defende nos in proelio,
contra nequitiam et insidias diaboli esto prae-
sidium.
Imperet illi Deus, supplices deprecamur; tuque
princeps militiae caelestis, Satanam aliosque
spiritus malignos, qui ad perditionem animarum
pervagantur in mundo, divina virtute, in infernum
detrude. Amen.

Actus contritionis

Deus meus, ex toto corde pœnitet me ómnium
meórum peccatórum, éaque detéstor, quia
peccándo, non solum pœnas a te iuste statútas
proméritus sum, sed præsértim quia offéndi te,
summum bonum, ac dignum qui super ómnia
diligáris. Ídeo fírmiter propóno, adiuvánte grátia
tua, de cétero me non peccáturum peccandíque
occasiónes próximas fugitúrum. Amen.

Padre Nuestro

Padre nuestro, que estás en el cielo, santificado
sea Tu Nombre; venga a nosotros Tu reino; hágase
Tu voluntad en la tierra como en el cielo. Danos
hoy nuestro pan de cada día; perdona nuestras
ofensas, como también nosotros perdonamos
a los que nos ofenden; no nos dejes caer en la
tentación, y líbranos del mal. Amén.

Ave María

Dios Te salve, María, llena eres de gracia. El Señor es
contigo. Bendita tú eres entre todas las mujeres,
y bendito es el fruto de tu vientre, Jesús.
Santa María, Madre de Dios, ruega por nosotros,
pecadores, ahora y en la hora de nuestra muerte.
Amén

Gloria

Gloria al Padre, y al Hijo, y al Espíritu Santo. Como
era en el principio, ahora y siempre, por los siglos
de los siglos. Amén.

San Miguel

Arcángel San Miguel, defiéndenos en la lucha; sé
nuestro amparo contra la maldad y asechanzas del
demonio. Pedimos suplicantes que Dios lo mantenga
bajo su imperio; y tú, Príncipe de la milicia celestial,
arroja al infierno, con el poder divino, a Satanás y a los
otros espíritus malvados que andan por el mundo
para la perdición de las almas. Amén.

Acto de Contrición

Jesús, mi Señor y Redentor, yo me arrepiento de
todos los pecados que he cometido hasta hoy, y me
pesa de todo corazón, porque con ellos ofendí a un
Dios tan Bueno. Propongo firmemente no volver a
pecar y confío que por tu infinita misericordia me
has de conceder el perdón de mis culpas y me has
de llevar a la vida eterna. Amén.

Hail, Holy Queen

Hail Holy Queen Mother of mercy, our life,
our sweetness, and our hope.

To thee do we cry poor banished children of Eve. To
thee do we send up our sighs mourning and weeping
in this valley of tears.

Turn then most gracious advocate thine eyes of
mercy toward us and after this our exile show unto
us the Blessed fruit of thy womb Jesus.

O clement, O loving, O sweet Virgin Mary;

Pray for us O Holy Mother of God; that we may be
made worthy of the promises of Christ. Amen.

Apostles Creed

I believe in God, the Father Almighty, Creator of
heaven and earth, and in Jesus Christ, His only Son
Our Lord.

Who was conceived by the Holy Spirit, born of the
Virgin Mary, suffered under Pontius Pilate, was
crucified died and was buried; He descended into
hell; on the third day He rose again from the dead;
He ascended into heaven and sits at the right hand of
God the Father Almighty. From thence He shall come
to judge the living and the dead. I believe in the Holy
Spirit, the holy Catholic Church, the communion of
Saints, the forgiveness of sins, the resurrection of the
body, and life everlasting. Amen.

Grace before Meals

Bless us, O Lord, and these thy gifts which we are
about to receive from Thy bounty, through Christ
Our Lord. Amen.

Thanksgiving after Meals

We give Thee thanks, Almighty God, for these and
all Thy benefits, who lives and reigns forever and
ever. Amen. May the souls of the faithful departed
through the mercy of God, rest in peace. Amen.

Salve Regina

Salve Regina, Mater misericordiae, vita, dulcedo, et
spes nostra, salve.

Ad te clamamus, exsules filii Evae.

Ad te suspiramus gementes et flentes in hac
lacrymarum valle.

Eia ergo, Advocata nostra, Illos tuos misericordes oculos
ad nos converte.

Et Jesum, benedictum fructum ventris tui,
nobis, post hoc exilium, ostende.

O clemens, o pia, o dulcis Virgo Maria.

Ora pro nobis, Sancta Dei Genitrix.

Ut digni efficiamur promissionibus Christi.

Symbolum Apostolorum

Credo in Deum, Patrem omnipotentem,
Creatorem caeli et terrae; et in Iesum Christum,
Filium eius Unicum, Dominum Nostrum;
qui conceptus est de Spiritu Sancto natus est Maria
Virgine, passus sub Pontio Pilato, crucifixus, mortuus, et
sepultus; descendit ad inferos;
tertia die ascendit ad caelos; sedet ad dexteram Dei
Patris Omnipotentis; inde venturus est iudicare vivos et
mortuos. Credo in Spiritum Sanctum, Sanctam
Ecclesiam Catholicam, Sanctorum Communionem,
remissionem peccatorum, carnis resurrectionem, vitam
aeternam. Amen

Before Meals

Benedic, Domine, nos et haec tua dona
quae de Tua largitate sumus sumpturi.
Per Christum Dominum nostrum. Amen.

After Meals

Gratias agimus tibi, Omnipotens Deus
pro universis beneficiis tuis; qui vivis et regnas in
saecula saeculorum. Amen.
Requiem aeternam, dona eis, Domine, et lux perpetua
luceat eis. Requiescant in pace. Amen.
Fidelium animae, per misericordiam Dei,
requiescant in pace. Amen.

Dios te salve, Reina

Dios te salve, Reina y Madre de misericordia,
vida, dulzura, y esperanza nuestra, Dios te salve.

A ti clamamos los desterrados hijos de Eva. A ti
suspiramos gimiendo y llorando en este valle de
lágrimas. Ea, pues, Señora abogada nuestra:
vuelve a nosotros esos tus ojos misericordiosos. Y
después de este destierro, muéstranos a Jesús, fruto
bendito de tu vientre.

Oh clemente, oh piadosa, oh dulce Virgen María.

Ruega por nosotros, Santa Madre de Dios, para que
seamos dignos de las promesas de Cristo. Amén.

Credo de los Apóstoles

Creo en Dios, Padre Todopoderoso, Creador del
cielo y de la tierra. Creo en Jesucristo, su único Hijo,
Nuestro Señor, que fue concebido por obra y gracia
del Espíritu Santo, nació de Santa María Virgen,
padeció bajo el poder de Poncio Pilato, fue
crucificado, muerto y sepultado, descendió a los
infiernos, al tercer día resucitó de entre los muertos,
subió a los cielos y está sentado a la derecha de Dios,
Padre todopoderoso, desde allí ha de venir a juzgar a
vivos y muertos. Creo en el Espíritu Santo, la Santa
Iglesia Católica, la comunión de los santos, el perdón
de los pecados, la resurrección de la carne, y la vida
eterna. Amén.

Acción de gracias antes de comer

Bendícenos, Señor, y estos alimentos que vamos a
recibir, por tu generosidad, por Cristo nuestro
Señor. Amén.

Acción de gracias después de Comer

Te damos gracias, Señor, por todos tus beneficios.
Tú, que vives y reinas por los siglos de los siglos.
Amén. Que las almas de los fieles difuntos, por la
misericordia de Dios, descansen en paz. Amén.

The Nicene Creed

I believe in one God, the Father Almighty,
maker of heaven and earth,
of all things visible and invisible.
I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.
God from God, Light from Light,
true God from true God, begotten, not made,
consubstantial with the Father;
through him all things were made.
For us men and for our salvation
he came down from heaven, and by the Holy Spirit
was incarnate of the Virgin Mary, and became man.
For our sake he was crucified under Pontius Pilate,
he suffered death and was buried,
and rose again on the third day
in accordance with the Scriptures.
He ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory
to judge the living and the dead
and his kingdom will have no end.
I believe in the Holy Spirit, the Lord, the giver of
life, who proceeds from the Father and the Son,
who with the Father and the Son is adored and
glorified, who has spoken through the prophets.
I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.

Come Holy Spirit

Come, Holy Spirit, fill the hearts of Thy faithful and
kindle in them the fire of Thy love. Send forth Thy
Spirit and they shall be created. And Thou shalt
renew the face of the earth.

Credo

Credo in unum Deum,
Patrem omnipoténtem,
factórem caeli et terrae, visibilium omnium,
et invisibilium.
Et in unum Dóminum Jesum Christum,
Filiúm Dei unigénitum. Et ex Patre natum ante ómnia
saecula.
Deum de Deo, lumen de lúmine,
Deum verum de Deo vero.
Génitum, non factum, consubstantiálem Patri:
per quem ómnia facta sunt.
Qui propter nos hómines, et propter nostram salútem
descéndit de caelis.
Et incarnátus est de Spíritu Sancto ex María Vírgine: et
homo factus est. Crucifixus étiam pro nobis:
sub Póntio Piláto
passus et sepúltus est. Et resurréxit tértia die, secúndem
Scriptúras.
Et ascéndit in caelum: sedet ad délixteram Patris.
Et íterum ventúrus est cum glória, iudicáre vivos
et mortuos: cujus regni non erit finis.
Et in Spíritum Sanctum, Dóminum, et vivificántem:
qui ex Patre Filióque procédit.
Quí cum Patre et Filio simul adorátur, et conglorificátur:
qui locútus est per Prophétas.
Et unam sanctam cathólicam et apostólicam Ecclesiam.
Confíteor unum baptísma in remissionem peccatórum.
Et exspécto resurrectionem mortuórum.
Et vitam ventúri saeculi. Amen.

Veni, Sancte Spiritus

Veni, Sancte Spiritus,
reple tuorum corda fidelium,
et Tui amoris in eis ignem accende.
Emitte Spiritum tuum et creabuntur,
et renovabis faciem terrae. Amen

Credo Niceno

Creo en un solo Dios, Padre todopoderoso,
Creador del cielo y de la tierra,
de todo lo visible y lo invisible.
Creo en un solo Señor Jesucristo,
Hijo único de Dios, nacido del Padre antes de todos
los siglos:
Dios de Dios, Luz de Luz,
Dios verdadero de Dios verdadero,
engendrado, no creado, de la misma naturaleza del
Padre, por quien todo fue hecho;
que, por nosotros, los hombres, y por
nuestra salvación bajó del cielo,
y por obra del Espíritu Santo se encarnó de María, la
Virgen, y se hizo hombre;
y por nuestra causa fue
crucificado en tiempos de Poncio Pilato;
padeció y fue sepultado, y resucitó al tercer día, se-
gún las Escrituras, y subió al cielo,
y está sentado a la derecha del Padre;
y de nuevo vendrá con gloria
para juzgar a vivos y muertos,
y su reino no tendrá fin.
Creo en el Espíritu Santo, Señor y dador de vida, que
procede del Padre y del Hijo,
que con el Padre y el Hijo recibe una misma
adoración y gloria, y que habló por los profetas.
Creo en la Iglesia, que es una, santa, católica y
apostólica.
Confieso que hay un solo Bautismo para el perdón
de los pecados.
Espero la resurrección de los muertos y la vida del
mundo futuro. Amén.

Ven Espiritu Santo

Ven, Espíritu Santo, llena los corazones de tus
fieles, y enciende en ellos el fuego de tu amor.
Envía tu Espíritu y todo será creado y renovarás
la faz de la tierra.

The Five Precepts of the Church

1. You shall attend Mass on Sundays and on holy days of obligation and rest from servile labor.
2. You shall confess your sins at least once a year.
3. You shall receive the sacrament of the Eucharist at least once a year during the Easter Season (cf. Canon 920).
4. You shall observe the days of fasting and abstinence established by the Church. (Ash Wednesday, Good Friday no meat, and one main meal only. All Fridays in Lent no meat. All Fridays during the year some sort Penance left to the choice of the individual)
5. You shall help provide for the needs of the Church (financial help to the Church to the extent that one is able).

The Ten Commandments

1. I am the Lord your God; you shall have no strange gods before me.
2. You shall not take the name of the Lord your God in vain.
3. You shall keep holy the Sabbath Day.

These 3 commandments are directed toward love Of God.

4. Honor your father and mother. (others?)
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor. (lie)
9. You shall not covet Your neighbor's wife. (lust)
10. You shall not covet your neighbor's goods.

These 7 commandments are ordered toward love of Neighbor.

The two Great Commandments of Jesus (which Summarize the Ten Commandments):

1. You shall love the Lord Your God with all your heart, mind, soul and strength.
 2. You shall love your neighbor as yourself.
- How do we accomplish these two Great Commandments? By following the Ten Commandments and the Five Precepts of the Church.

RCIA PRAYER

BOOK

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ORACIONES



Los Mandamientos (Preceptos) de la Iglesia

1. Oír Misa entera los domingos y demás fiestas de preceptos y no realizar trabajos serviles.
2. Confesar los pecados al menos una vez al año.
3. Recibir el sacramento de la Eucaristía al menos una vez por año por Pascua (cf CIC 920).
4. Abstenerse de comer carne y ayunar en los días establecidos por la Iglesia. (El miércoles de las cenizas, el Viernes Santo, todos los viernes de la cuaresma. Todos los viernes del año son días de penitencia de cualquier tipo según la voluntad del individuo).
5. Ayudar la iglesia en sus necesidades (cada uno según su capacidad).

Los Diez Mandamientos

1. Yo soy el Señor su Dios; No tendrás dioses extraños delante de mí.
2. No tomarás el nombre del Señor tu Dios en vano.
3. Tú guardarás santo el día de reposo.

Estos 3 mandamientos están dirigidos hacia el Amor de Dios.

4. Honre a su padre y a su madre. (otros?)
5. No matarás.
6. No cometerás adulterio.
7. No robarás.
8. No darás falso testimonio contra to prójimo. (mentira)
9. No codiciarás la mujer de tu prójimo. (lujuria)
10. No codiciarás los bienes de tu prójimo.

Estos 7 mandamientos son ordenados hacia el Amor al prójimo.

Los dos Grandes Mandamientos de Jesús (que resumen los Diez Mandamientos):

1. Amarás al Señor tu Dios con todo tu corazón, mente, alma y fuerza.
 2. Amarás a tu prójimo como a ti mismo.
- Como cumplimos estos dos grandes mandamientos? Siguiendo los Diez Mandamientos y los 5 Preceptos (mandamientos) de la iglesia.